



Jennifer Aniston



Heather Locklear



Sarah
Michelle Gellar

THIN

THE ATTITUDE

With Hollywood's gold-standard body type, slender stars monopolize the eye of the camera—and the eye of the storm. Some come by their looks naturally, insists stylist Brenda Cooper. "They absolutely pay attention to their health," she says. Most, though, are thin by design (in other words, diet and discipline) but find the rewards worth the effort. "It was easier for me to dress," Debra Messing says of the mid-'90s weight loss that took her from an off-the-rack size 8 to a designer's size 4. Yet even slim celebs aren't always content. An L.A. saleswoman who has fitted Jennifer Aniston says the *Friends* star "feels like her butt is a little big."

THE LOOK

A little light on top? "Get a padded bra," advises Cooper. "Clothes hang better on a bust line."



Debra
Messing